Where Is Your Next Meal	Video Link	Audio Link	PDF/Slide Deck Link
Coming From			
Next Meal Lesson 1	https://next-meal-	https://next-meal-course.s3.amazonaws.com/Next+Meal+L1+Audio.mp3	https://next-meal-
	course.s3.amazonaws.com/Next+Meal+L1+A+Video.mp4		course.s3.amazonaws.com/Next+Meal+Lesson+1+Slide+Deck.pdf
Next Meal Lesson 2	https://next-meal-	https://next-meal-course.s3.amazonaws.com/Next+Meal+L2+Audio.mp3	https://next-meal-
	course.s3.amazonaws.com/Next+Meal+L2+A+Video.mp4		course.s3.amazonaws.com/Next+Meal+Lesson+2+Slide+Deck.pdf
Next Meal Lesson 3	https://next-meal-	https://next-meal-course.s3.amazonaws.com/Next+Meal+L3+Audio.mp3	https://next-meal-
	course.s3.amazonaws.com/Next+Meal+L3+A+Video.mp4		course.s3.amazonaws.com/Next+Meal+Lesson+3+Slide+Deck.pdf
Next Meal Lesson 4	https://next-meal-	https://next-meal-course.s3.amazonaws.com/Next+Meal+L4+Audio.mp3	https://next-meal-
	course.s3.amazonaws.com/Next+Meal+L4+A+Video.mp4		course.s3.amazonaws.com/Next+Meal+Lesson+4+Slide+Deck.pdf
Next Meal Lesson 5	https://next-meal-	https://next-meal-course.s3.amazonaws.com/Next+Meal+L5+Audio.mp3	https://next-meal-
	course.s3.amazonaws.com/Next+Meal+L5+A+Video.mp4		course.s3.amazonaws.com/Next+Meal+Lesson+5+Slide+Deck.pdf
Next Meal Lesson 6		https://next-meal-course.s3.amazonaws.com/Next+Meal+L6+Audio.mp3	https://next-meal-
			course.s3.amazonaws.com/Next+Meal+Lesson+6+Slide+Deck.pdf
Bonuses:			
Breathing and	(Audio only)	https://next-meal-	(Audio only)
Relaxation Meditation		course.s3.amazonaws.com/Breathing+and+Relaxation+Meditation.mp3	
Audio mp3			
Ten Ten Ten pdf	(PDF Only)	(PDF Only	https://next-meal-course.s3.amazonaws.com/Ten+Ten+Ten.pdf

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